



## New Client Intake Form

### Contact Information

Name \_\_\_\_\_ Date \_\_\_\_\_

E-Mail \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Cell # \_\_\_\_\_

\_\_\_\_\_  
Okay to message? \_\_\_\_\_

Gender \_\_\_\_\_ Sexuality \_\_\_\_\_ Pronouns \_\_\_\_\_

How did you find me? \_\_\_\_\_

### Family Information

Closest relative, partner or friend (In Case of Emergency Person)

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Currently live with \_\_\_\_\_

Partner, Spouse, Friend and Name

Race (check all that apply or add to the list)

African American/Black

Native Hawaiian

Asian

White

American Indian/Native

You Tell Me \_\_\_\_\_

Please write in the ethnicity, culture, nationality and religions you identify or were born into below:

\_\_\_\_\_

**Medical and Health Information**

Primary Care Physician \_\_\_\_\_  
Name and Number

Any health concerns?  
\_\_\_\_\_

Any mental health concerns?  
\_\_\_\_\_

Please explain any major stressors, life changes or other relevant information about your physical health or mental health:  
\_\_\_\_\_  
\_\_\_\_\_

Why are you seeking therapy at this time in your life?  
\_\_\_\_\_

Describe something you love to do.  
\_\_\_\_\_  
\_\_\_\_\_

Please share anything you would like to about yourself:

Please circle the behaviors, characteristics, symptoms, problems or feelings you have that cause you stress, pain or limit you in your home, work or spiritual life:

Sadness Depression	Trembling Mood Shifts	Internet Panic	Exercise Racism
Anxiety Fear	Fatigue Pain	Self-esteem Family	Power Homophobia
Aggression Anger	Gambling Sex	Relationships Work	Divorce Death
Antisocial Avoiding People	Loss Suicide	Boss Staff	Moving Job change
Disorganized Impulsive	Loneliness Recurring Thoughts	School Being the Best	Health change Aging
Irritable Moody	Recurring Habits Sick Often	Being the worst Goal setting	Flashbacks PTSD
Communication Strange thoughts	Hearing voices Speech problems	Cutting self Violence to others	Housing Risk Taking
Alcohol Drug Use	Hopelessness Food/Eating	Money Spiritual beliefs	Assault Memory